

PCT GEAR LIST

**BASE PACK WEIGHT (BPW)**  
(weight before water, food & fuel)

CATEGORY	ITEM	GEAR SELECTION	WEIGHT		
			Pounds	Ounces	Total Per Category
BIG THREE:					
	Backpack	ULA Catalyst, SM torso, XS hipbelt, J-curve straps, Orange Robic; handloops & bladder sleeve removed; 8 twist ties attached; 35# max load, 4200 c.i./68L volume	2	2.0	
	Tent	ZPacks Duplex Tent, Camo Cuben Fiber — 1 pound 6.3 oz.	1	6.3	
	Sleeping Bag	Western Mountaineering Versalite 10 Degree, 5'6, Moss Green, Left Zipper	1	14.0	
					<b>5 lbs., 6.3 oz.</b>
PACKING:					
	Backpack	ULA Catalyst, SM torso, XS hipbelt, J-curve straps, Orange Robic; handloops & bladder sleeve removed; 8 twist ties attached; 35# max load, 4200 c.i./68L volume	2	2.0	
	Waterproof Bag Liner	Gossamer Gear Clear Waterproof Pack Liner		1.4	
	Pack Cover, Groundsheet, Poncho	ZPacks Groundsheet-Poncho		6.1	
					<b>2 lbs., 9.5 oz.</b>
SHELTER:					
	Tent	ZPacks Duplex Tent, Camo Cuben Fiber	1	6.3	
	Tent Stakes	Carbon Fiber Tent Stakes, 8-Pak —1.6 oz for Sierra: tent stakes, 8-Pak, spare guy line & Emergency Repair Splint —3.7 oz		1.6	
	Stake Sack	Cuben Fiber Stake Sack		0.1	
					<b>1 lbs., 8 oz.</b>
SLEEPING:					
	Sleeping Bag	Western Mountaineering Versalite 10 Degree, 5'6, Moss Green, Left Zipper	1	14.0	
	Sleeping Pad	Thermarest Women's NeoAir XLite, Lemon Curry		11.6	
					<b>2 lbs., 9.61 oz.</b>
CLOTHING:					
	Rain Jacket	Arcteryx Women's Beta LT Hybrid Shell Jacket, XS, Euphoria		11.6	
	Rain Pants	Marmot PreCip Full Zip Rain Pants, Black, XS Short		9.4	
	Down Jacket	Mountain Hardwear Ghost Whisperer Down Hooded Jacket, XS, Bolt/Mountain		6.5	
	2nd Down Jacket	Mountain Hardwear Ghost Whisperer Down Hooded Jacket, Small, Haute Pink		6.9	
	Down Pants	Montbell Women's Superior Down Pants, Black, Small		6.9	
	MidLayer/Fleece Upper	Mountain Hardwear Microchill Fleece Hoody Full Zip, XS, Haute Pink		10.5	
	Lightweight Base Layer Long Sleeve Shirt	Patagonia Capilene, Women's Thermal Weight BaseLayer XS, 1/2 Zip Long Sleeve Shirt, Ultramarine		5.3	
	Pajama Bottom-Thermal Weight Base Layer Bottoms	Patagonia Capilene, Women's Cap Thermal Weight BaseLayer XS, Lupine/Harvest Moon Blue X-dye		4.4	
	Pajama Top Base Layer Long Sleeve Shirt	Patagonia Capilene, Women's Lightweight Crew Top, XS, White		2.8	
	Socks	Feetures Elite Merino+Cushion No Show Tab, Back/Grey, Medium		1.8	
	Gloves	ZPacks PossumDown Gloves, Black, Size M		1.4	
	Rain Mitts	Zpacks Challenger Rain Mitts, Blue, Size Regular		1.0	
	Thermal Hat	Columbia S/M Unisex Adult Black Omni Windblock Beanie		1.2	
	Buff	Continental Divide Trail Alliance Buff		1.3	
					<b>4 lbs., 7 oz.</b>
COOKING:					
	Stove	JetBoil MicroMo (including stabilizer)		13.4	
	Lighter	Mini Bic Lighter		0.4	
	Cup	Snow Peak Titanium Double Wall Cup, 14oz capacity, Purple w/Hot Lips attachment		4.10	
	Cozi	ULD Cook-N-Coozy Solo		1.1	
	Utensil	Gossamer Gear Long Handle Bamboo Spoon		0.5	
	Towel	Lightload Towel		0.6	
	Trash Bag	1 Gallon Size Ziplock Bag		0.4	
	Food Bag	5 gallon Elastic Opening Strainer Bag		0.4	
					<b>1 lbs., 4.9 oz.</b>
HYDRATION:					
	Water Bladder	Platypus SoftBottle with Closure Cap, 1L Blue		0.85	
	Water Bladder	Platypus SoftBottle with Closure Camp, 1L Red (dirty water)		0.85	
	Water Bladder	Platypus Platy Bottle with Closure Cap, Clear, 2L		1.3	
	Drinking Tube	Platypus Drinking Tube Kit		2.25	
	Disposable Bottle	SmartWater Plastic Disposable Bottle with Closure Cap, 1L		1.4	
	Disposable Bottle	SmartWater Plastic Disposable Bottle with Closure Cap, 1L		1.4	
	Water Filter	Sawyer Squeeze Water Filter		2.35	
	Backwash Plunger	Smartwater Enhanced Sport Cap		0.20	
	Scoop	Quart-size ziplock bag		0.25	
					<b>0 lbs., 10.85 oz.</b>
TECH GADGETS:					
	Dry Sack	Gossamer Gear Cuben Zipper Q-Ditty Storage Sack, Large		0.40	
	Phone/Navigation/Camera	iPhone 7Plus w/glass protector		6.8	
	Waterproof Phone Case	LifeProof Fré for iPhone 7Plus Case		2.0	
	Headphones	Apple EarBuds		0.45	
	Phone USB Charger Cable	Apple iPhone USB 5 inch Short Charging Cable		0.25	
	Locator Device/GPS	Delorme InReach Explorer		7.05	
	Locator USB Charger Cable	Quick Charge Supported HomeSpot Sync & Charge Micro USB to USB Cable - 5" (13cm) Short Charging Cable		0.25	
	Garmin USB Charger Cable	Garmin Fenix USB Cable Charger & Cradle		1.5	
	External Portable Battery	Anker PowerCore 20100, 20000mAh, 4.8A Output (2.4 amps per port)		13.10	
	Battery Pack USB Charger Cable	Quick Charge Supported HomeSpot Sync & Charge Micro USB to USB Cable - 5" (13cm) Short Charging Cable		0.25	
	Wall Charger	NooQee 27W 5.4A 4-port USB Wall Travel Charger, 2.4 Amps Each Port		3.05	
					<b>2 lbs., 3.1 oz.</b>
MISCELLANEOUS GEAR:					
	Sunglasses	Maui Jim Baby Beach Blue Hawaii 56mm Polarized Sunglasses		0.5	
	Sunglasses Case	DIY bubblewrap eyeglass case		0.5	
	Reading glasses/case	ThinOptics Stick Anywhere, Go Everywhere Reading Glasses plus Universal Pod Case, Blue Frame, Black Case, 1.50 Strength		0.7	
	Headlamp	Petzel e-LITE Emergency Headlamp		0.9	
	Bug Head Net	Ben's InvisiNet Insect Head Net		0.7	
	Data Pages/Maps	Yogi's Handbook Pages and Halfmile Maps in Gallon Ziplock w/Quart Size Carry Ziplock		3.20	
	Passport	Passport Book		1.20	
	Wallet	Zpacks Wallet Stuff Sack containing license, cash, credit card, debit card		2.0	
					<b>0 lbs., 9.7 oz.</b>
FIRST-AID & REPAIR KIT					
	Dry Sack	Gossamer Gear Cuben Zipper Q-Ditty Storage Sack, Small		0.30	
	Cord	25 feet Parachute Cord		1.45	
	Multitool/Emergency Fire/Super Glue/Lip Balm/Healing Ointment	Gossamer Gear UL Backpacking Pocket Knife, Mini Bic Lighter, 2oz Gorilla Glue, Blistek Lip Balm w/SPF, CeraVe Healing Ointment .35oz., Smartwater cap		2.45	
	Tapes/Batteries/Other	6" strip tenacious tape, leukotape wrapped around cutoff straw, Fluorescent Green Duct Tape wrapped around cutoff straw, 54 inch cuben tape strip, Color: camo .67, Maxilla CR2032 Micro Lithium Cell Battery, quarter coin, Sharpie chisel tip permanent marker		1.50	
	Insect Repellant	Sawyer Premium Maxi Deet Insect Repellant		0.9	
	Repair/Sewing Kit	thread, 1 needle, 2 buttons, needle threader, 1 small safety pin, 2 large safety pins, 8 twist ties, 3 rubber bands, 4 QTips, in ziplock		0.40	
	First Aid	Topical Steroid Cream, 15g, 2 triple antibiotic ointment .9g, Abreva 2.6g, face lotion w/sunscreen, spare pill ziplock, 2 NOLS Wilderness Medicine Wound Packs		1.7	
	Medications	3 Immodium tabs, 24 Advil LiquiGels, 2 Benadryl, 4 Advil PM LiquiGels, prescription medications		1.10	
					<b>0 lbs., 9.81 oz.</b>
TOILETRIES:					
	Towel	Lightload Towel		0.6	
	Toothbrush	Zpacks 1/2 Compact Toothbrush		0.15	
	Toothpaste	EcoDent Daily Care Cinnamon Naturally Effervescent Baking Soda Toothpowder in 1ml glass vial			
	Soap	Dr. Bronner's 18-in-1 Hemp Peppermint Pure-Castile Soap		2.85	
	Razor	Gillette Venus Disposable Women's Razor		0.65	
	Hair Ties	tiny clear hair ties in pill size ziplock		0.1	
	Ear Plugs	Macks Pillow Soft Silicone Earplugs in ziplock		0.3	
	Nasal Spray	Ayr Saline Nasal Gel Sinus Spray		1.25	
					<b>0 lbs., 5.9 oz.</b>
POTTY BAG:					
	Potty Sack	Trimaco 30138 Pump Strainer Bag with Draw String		0.1	
	Trowel	2 gram lighter Deuce of Spades		0.51	
	Sanitizer	L'Autre Peau Citrus AntiBacterial Hand Sanitizer, 0.5oz/15ml		0.95	
	Baby Wipes	Babo Botanicals 3-in-1 Face, Hand & Body Cleansing Wipes, 30 count		8.1	
	Trash Bag	PogiPets Scented Poop Bag		0.1	
					<b>0 lbs., 9.76 oz.</b>
					<b>TOTAL WEIGHT</b>
					<b>17 lbs., 8.11 oz.</b>
CLOTHING/GEAR WORN (not in pack):					
	Hiking Poles	Black Diamond Distance Carbon Z Trekking Poles 110cm		9.9	
	Hat	Ann Piersall Trucker hat		2.7	
	Shoes	Brooks Cascadia 11, Size 8	1	5.0	
	Socks	Feetures Elite Merino+Cushion No Show Tab, Black/Grey, Medium		1.8	
	Bra	Patagonia Women's Barely Bra, XS, Black		1.7	
	Sleeveless Shirt	Icebreaker Cool-Lite Merino/Tencel Women's Spark Tank, XS, Grapefruit/Vivid/Fuse		3.1	
	Shorts	MadSportsStuff Camouflage Spandex Shorts (4in Adult XS 0-2, Black and White Camo		2.4	
	GPS Watch	Garmin Fenix 3 HR		3.0	
					<b>2 lbs., 13.61 oz.</b>
SPECIALTY GEAR:					
	Tent	Big Agnes Copper Spur UL1, inc. fly, poles, guy lines	2	3.9	
	Tent Stakes	Big Agnes Standard Stakes, spare guy line & Emergency Field Repair Splint		3.7	
	Sleeping Pad	Thermarest Z Lite Sol, Regular (for additional insulation)		14.0	
	Hiking Boots	Asolo Revert GV ML, Size 8	2	6.2	
	Down Parka	Patagonia Women's Fitz Roy Hooded Down Parka	1	3	
	Hiking Pants	Patagonia Women's Quandary Pants, Size 0, Forge Grey		8.9	
	Underwear	Icebreaker Merino Women's Siren Bikini Botanical, XS, Black		0.75	
	MidLayer/Fleece Bottoms	REI Teton Fleece Pants, Women's XS, Black		8.7	
	Shirt	Icebreaker Merino Bodyfit Zone Women's XS Long Sleeve Crew, Vino		5.7	
	Socks	Loren Ski Socks		3.4	
	Down Booties	GooseFeet Gear 100%+Down Booties, Lime Green 10d, Size Small		2.6	
	Waterproof Liners	Disposable Nitrile Medical Gloves, Large		0.3	
	Bear Canister	Wild Ideas Bearkade Weekender	2	2.2	
	Microspikes	Kahtoola Microspikes Traction system		12.5	
	Crampons	Kahtoola K-10 Crampons & Carry Bag	1	9.7	
	Hiking Pole	Loki Super Makula Hiking Pole		10.6	
	Whippet Pole	Black Diamond Carbon Whippet Ski Pole		14.0	
	Water Purification	MSR Aquatabs Water Purification Tablets (30 tablets)		0.1	
					<b>14 lbs., 14.25 oz.</b>
WATER:	2.2# per 1L	6L	13	23	
FOOD:	Avg 1.5-2.0#/day	6d	12	0	
FUEL:	Isobutane/Propane Fuel Mix	JetBoil JetPower Isobutane/Propane Fuel Mix 3.53/oz/100g canister		7.25	

